

My philosophy as an educator is simple: to be a good teacher, one must be a good student. As a teacher educates, he/she is also being educated	

Welcome

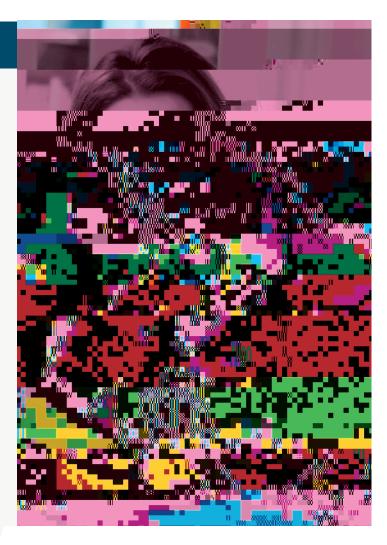
ank o for o r interest in o r Master of Arts in Clinical Mental Health Co nseling Program at Le is Uni ersit . O r program began in 1993 and has contin ed to gro rapidl since its inception. Appro imatel 100 st dents are enrolled in the program. St dents come from a ide range of personal and professional backgro nds. Some st dents are c rrentl in the mental health eld, hile others come to o r program making a complete career change from a non-mental health eld. St dents are both f ll-and part-time and o r program is designed to t st dents' b s li es. We f ll nderstand that st dents ha e famil, career and personal responsibilities. Almost all of o r co rses are ta ght in the e enings ith eekend orkshops a ailable for electi e credit. We also ha e se eral f ll online co rse o erings.

O r program has three areas of concentration allo ing st dents to speciali e. e Child and Adolescent Co nseling Concentration is designed for st dents ho ant to ork primaril ith children and adolescents. is concentration has speciali ed co rses designed to prepare st dents to ork ith this challenging pop lation. e Ad lt Clinical Mental Health Co nseling Concentration is designed for st dents ho are most interested in orking ith ad lt clients. e Ad anced Training Program in Addiction St dies allo s st dents the opport nit to take speciali ed co rse ork and training in the addictions eld.

In addition to teaching, o r fac lt c rrentl ork in the eld in a ide range of settings (e.g. pri ate practice, ps chiatric hospitals, the Department of Corrections, co nseling centers, comm nit mental health, etc.) and ha e di erse areas of e pertise. We model and teach speci c co nseling skills and share o r o n real orld co nseling e periences so that st dents can learn from both o r mistakes and s ccesses.

Dr. Kimberly Duris Assistant Professor

"Welcome to Lewis University's Clinical Mental Health Counseling program! I have over 14 years of professional work experience in the mental health field, including work with dually diagnosed adolescents, severe-chronically mental ill adults, my own private practice o ce, and community mental health work setting, consulting, and clinical supervision. My clinical experience provides me with the opportunity to bring real-life professional experiences into the classroom. One of the many attractive qualities of this program is that not only are the professors in the program skilled at teaching students the necessary academic materials, they are also trained clinicians who are able to integrate specific areas of counselor competencies in their classroom teaching. At Lewis, you will find that the professors are knowledgeable, approachable, and sincerely interested in training the next generation of professional counselors."



Admi ion S andard

Admission to the grad ate program in ps cholog is based on academic and personal q ali cations of the applicant. It is made itho t regard to race, color, religion, age, gender, irrele ant handicap, national or ethnic origin, or disabilit .

All st dents m st present e idence of a baccala reate degree a arded b a regionall accredited instit tion of higher ed cation and a completed application hich incl des a personal statement of professional goals. Beca se this program is directed to ard ad lts, it is e pected that personal mat rit and e perience are prime indicators of s ccess in the program. Altho gh the Clinical Mental Health Co nseling program does not req ire a criminal backgro nd check, applicants sho ld be a are that man internship sites and potential emplo ers ill. ere are three enrollment categories for st dents in the program.

4 lewisu.edu

Clinical Mental Health Counseling

Degree O ered: **Ma** A Total Credit Hours Required: **60**

Objec i e

e Master of Arts in Clinical Mental Health Co nseling program is designed for those ho are seeking to de elop or re ne job-related ps chological skills and kno ledge. ere are three concentrations ithin the program. e rst, the Ad lt Clinical Mental Health Co nseling Concentration, is a traditional co nseling track, preparing st dents for ork in the mental health eld ith ad lt pop lations. second, the Child and Adolescent Clinical Co nseling Concentration, is designed to train st dents to pro ide co nseling ser ices to children, adolescents, and families in both p blic and pri ate settings. Both concentrations appl theor and research to practical problems of h man adj stment and de elopment. Goals for the program follo the recommendations of the American Co nseling Association and meet the State of Illinois req irements so that st dents can sit for conseling licensing eams. concentration, Ad anced Training Program in Addictions St dies, has been de eloped to:

- Provide a knowledge base in relevant areas
 of psychology and counseling, including
 personality, psychopathology, therapy, multicultural
 issues, and evaluation and assessment.
- Expand student skills in interviewing, assessment and techniques of therapy.
- Create student understanding of client uniqueness, multicultural sensitivity, and student attitudes of flexibility in their work with clients.
- Endorse student development of appropriate ethics and professional identification.

Concentration A:

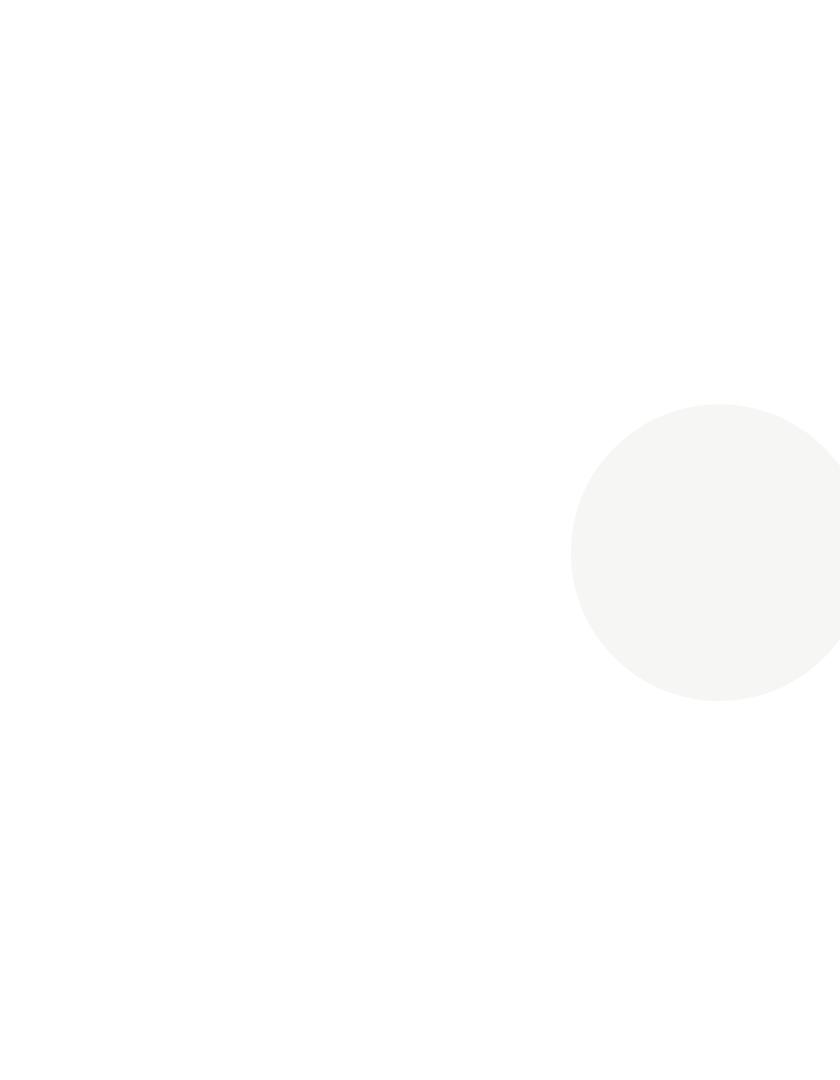
Adult Clinical Mental Health Counseling

I.	CORE COURSES 57
50500	Research in Counseling
51100	Individual Appraisal
51200	Interviewing Skills
51400	Introduction to Clinical Mental Health Counseling
52000	Advanced Developmental Psychology
52200	Career Development Theory
54100	Psychopathology
55200	Clinical Psychopharmacology
55300	Crisis Intervention and Treatment of Trauma
56500	Group Dynamics and Counseling
56700	Treatment of Substance Abuse
57300	Counseling Theories: I
57700	Counseling Theories: II
57500	Family Dynamics and Counseling
57800	Professional and Ethical Issues in Counseling
57900	Multicultural Issues in Counseling
58000	Models and Theories of Clinical Supervision in Mental Health
58500	Practicum in Counseling
59000	Internship in Counseling

II. ELECTIVE 3

Three credit hours may be chosen from graduate psychology, education, criminal/social justice, business, nursing, or leadership courses. Three one-credit workshops may take the place of this elective course.

6 lewisu.edu



Apply Today



 $A\ Catholic\ and\ Lasallian$