

# # EN DERR THE BRAWDYA REE

UNDERSTANDING THE EFFECTS OF TRAUMA AND TRAUMATIC EVENTS TO (HELP PREVENT) PROGRAM OF UNIFORMED SERVICES UNIVERSITY /UR .ATION S & FEDERAL -E

## 5FB DIFST )FMQJOH 4UV -JTUFJOJOH BOE 5BML

THE MAGNITUDE OF DEATH AND DESTRUCTION MUCH EXPOSURE INCREASES REQUIRE SPECIAL ATTENTION TO COMMUNICATING WITH CHILDREN AND ADOLESCENTS PHYSICAL SAFETY (TELEPHONE) IS ALWAYS TAKEN PRIORITY

SCHOOL IS AN IMPORTANT NORMAL SITUATION EXPERIENCE FOR CHILDREN AND ADOLESCENTS IT IS OVERWHELMING TO CONTACT WITH THE KINDS OF PSYCHOLOGICAL PROBLEMS THAT CHILDREN AND ADOLESCENTS WILL HAVE HOWEVER THE FOLLOWING INFORMATION AND ADVICE MAY HELP MINIMIZE LATER DIFFICULTIES

ENGAGE YOUR STUDENTS IN CONVERSATION NOT NECESSARILY ABOUT THEIR FEELINGS IN DISCUSSIONS LIMITING TIME CAN HELP THE STUDENT EXPRESS WHAT THEY WISH AND NOT MORE THAN THEY MIGHT WISH THEY HAD

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OLDER CHILDREN AND ADOLESCENTS (HELPING THEM UNDERSTAND THEIR LIMITS AT SCHOOL CAN HELP

SOME CHILDREN MAY RESPOND BY HAVING TROUBLE REMEMBERING TOLERATED AND UNDERSTOOD

BE ALERT TO CHANGES IN STUDENT DROP IN GRADES LOSS OF INTEREST INCREASED SLEEPINESS OR DISTURBED WEIGHT LOSS OR GAIN

MAINTAINING THE USUAL CLASSROOM ROUTINES CAN BE COMFORTING EVEN REGULAR SCHOOLWORK CAN ALSO PROVIDE SOME SENSE OF FAMILIARITY AND COMFORT TO SOME STUDENTS

ENCOURAGE SCHOOL FACULTY AND STAFF TO DEVELOP AND PLAN CLASSROOM INTERVENTIONS TOGETHER

BE AVAILABLE TO MEET INDIVIDUALLY WITH PARENTS AND ADULTS DISCUSS THE EVENT IN AN OPEN HOUSE FOR YOUNGERS STUDENTS MAY WANT TO RETURN TO CLASSROOM FROM TIME TO TIME DURING THE EARLY STAGES FOLLOWING

KNOWLEDGE QUESTIONS ABOUT TELEVISION AND OTHER SOURCES OF INFORMATION ABOUT THE DISASTER AND ITS VICTIMS

